



Fluoride Varnish at School

Your child can get free fluoride varnish twice during the school year. Fluoride makes teeth strong and helps prevent tooth decay. If you have fluoride in your drinking water, your child can still use the varnish to help keep their teeth healthy.

Check one:

- Yes, I want my child to receive fluoride varnish at school.
 No, I do not want my child to receive fluoride varnish at school.

Child's Name _____ Grade _____

School _____ Teacher: _____

→ Parent/Guardian Signature: _____ Date: _____

1. Does your child have a dentist? Yes No
2. When was the last time your child went to the dentist?
 In the last year More than a year ago Never
3. What was the main reason for your child's last dental visit?
 Cleaning/check-up Sealants Filling Toothache
 Other: _____
4. Does your child have:
 Dental Insurance MaineCare No dental insurance